



# Para Climbing Rules Discussion

Team USA - 2025 Season

# Why Are the Rules Important?

- They make sport happen
- They keep things fair

When you actively participate, you are agreeing to follow the rules laid out.



# Where to Find the Rules

- [IFSC Rulebook](#)
- [IFSC Para Competition Regulations](#)
- [IFSC Para World Rankings](#)
- [IFSC Quota Regulations](#)
- [IFSC Para Classification Rules](#)
- [IFSC Para Classification Guidelines](#)

- [IFSC Anti-Doping Rules](#)
- [IFSC Betting and Anti-Corruption Code](#)
- [IFSC Disciplinary Rules](#)
- [IFSC Eligibility Code](#)
- IFSC Equipment Code
- [IFSC Uniform Code](#)
- IFSC Para Climbing Equipment Code

# Classifications

# Athlete Classification Responsibilities - pg14

- Cooperate and actively participate in evaluation in good faith
- Avoid unfair manipulation during evaluation through coercion, intimidation, etc
- Provide adequate information related to Health Conditions and Impairments
- Is allowed to have one person accompany them
- Verify their identity upon request (license, passport, event accreditation)
- Disclose any use of medication and/or medical device/implant



## Sport Class and Status - pg15-17

- Sport class designation will come with a status
- Confirmed (C) - not required to undergo further evaluation
- Review (R) - must complete athlete evaluation prior to next competition unless otherwise specified
- Review with Fixed Date (FRD) - required to attend evaluation at a fixed date
- R and FRD statuses are subject to change
- Sport specific test may be required - pg49

Multiple Sport Classes - if you are eligible for multiple sport classes speak with Emmett and Nick if you have questions



# Classification Not Completed (CNC) - pg12

- Only happens if they are unable to allocate a sport class
- Is not a sport class and is not subject to protests



# Sport Class Not Eligible (NE) - pg18

## General

- Has an impairment that is not eligible
- Does not have an underlying health condition
- Does not meet minimum impairment criteria for that sport (appendix 1 & 2 starting at pg35)





## Protests - pg20-22

- If you disagree with the Classification Panel's designation you can protest
- Let a team official know that you are going to protest the decision by the first panel and the process will get started to have another evaluation
- You cannot protest the status (C, R, FRD)
- Protests take place with second classification panel



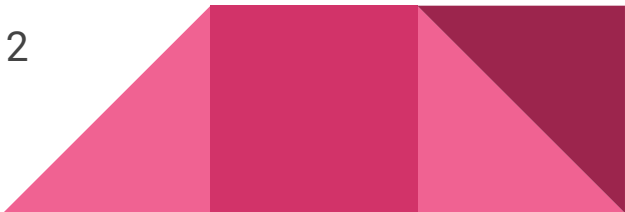
# Competition Details

# Para Competition Details

## Qualies:

- Flash Format
- 2 routes, 1 attempt each
- 6 min climb time, 50 min rest between your two attempts
- Random, Offset Starting Order

## Finals:

- Onsight Format
  - 1 route, 1 attempt
  - 6 min climb time, 6 min observation time
  - Rank Descending Order
  - If finals takes place on the same day as qualifiers, a minimum 2 hour rest between rounds.
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# Route Cleaning

- Cleaning Breaks are routine with 22 or more competitors on a route
- Every 22 competitors or less will incur a cleaning break on the route



# Finals Quotas

Competitors with a qualifying result	Final quota
4, 5, 6	3
$6 < n < 15$	4
$14 < n < 24$	6
$n \geq 24$	8

**Table 2 – Final Quota**



# Onsight vs Flash Formats

## Onsight:

- Isolation, Call Zone, Field of Play
- Observation Period
- Can't watch others
- 1 Attempt

## Flash Format:

- Call Zone, Field of Play
- Route Previews
- Can watch others
- 1 Attempt



# Isolation

- Open and Closing Times
  - Can't compete in the round if you aren't in by close!
- Nothing with WiFi or Bluetooth connectivity
  - Exception is VI headsets
- Can be 6+ hours, be prepared
- Route Maps are provided this year
- Bring food and hydration
- When you leave, no coming back in until end of competition



# Observation

- 6 min long
- Can touch any/all holds you can reach
  - Must keep at least 1 foot grounded while touching holds
- Can discuss with other competitors who are in isolation
- Can bring binoculars and/or pen and paper
  - You can take notes, sketch the climb, etc
- Aides are a grey area





# Sight Guides

- Sight Guides can join for observation
- Sight Guides cannot be used for multiple athletes in an onsite round
- Treated as athletes this season?



# Attempts

- Considered started when you leave the ground
- Deemed unsuccessful if:
  - You fall
  - You run out of time
  - You touch the ground
  - You use something out of bounds (bolts, quickdraws, etc) to progress
  - The attempt has been stopped by an official



# Scoring

- If successful, receive a TOP
  - To be successful, one hand on last hold and:
    - Achieve a stable position or
    - Perform a common action to the sport
- If unsuccessful, given a score based on last scoring hold controlled in the route sequence
  - A “+” will be awarded if you made positive movement towards the next hold in sequence
    - “Parallel or sequential movement of a climber’s hips, shoulders and hand toward the next hold in a sequence”

$$QP = \sqrt[n]{\prod_{r=1}^n Pr}$$



# Scoring

- DNS = Did Not Start
- Breaking Ties
  - Countback to General Ranking for the event, unless the preceding round used multiple starting groups
  - Climbing Times



# Rankings

Counts the last 6 international  
Para Climbing events

## BASE POINTS

Rank	Points	Rank	Points	Rank	Points	Rank	Points
1st	1000	21st	145	41st	14	61st	4
2nd	805	22nd	130	42nd	13	62nd	4
3rd	690	23rd	120	43rd	12	63rd	4
4th	610	24th	105	44th	11	64th	3
5th	545	25th	95	45th	11	65th	3
6th	495	26th	84	46th	10	66th	3
7th	455	27th	73	47th	9	67th	3
8th	415	28th	63	48th	9	68th	3
9th	380	29th	56	49th	8	69th	2
10th	350	30th	48	50th	8	70th	2
11th	325	31st	42	51st	7	71st	2
12th	300	32nd	37	52nd	7	72nd	2
13th	280	33rd	33	53rd	7	73rd	2
14th	260	34th	30	54th	6	74th	2
15th	240	35th	27	55th	6	75th	1
16th	220	36th	24	56th	6	76th	1
17th	205	37th	21	57th	5	77th	1
18th	185	38th	19	58th	5	78th	1
19th	170	39th	17	59th	5	79th	1
20th	155	40th	15	60th	4	80th	1

# Rules to Know

# Technicals

- Any event or circumstance that results in a disadvantage or unfair advantage to a competitor, but is not the result of the competitor's own actions or choices
  - Includes - Holds spinning, holds melting
  - Doesn't Include - Rope management
- Competitors, team officials, belayers, on-field officials
- You have to call this right away as it impacts you, not later on



# Appeals


## Applicable Situations

- Judging Errors
- Timekeeping or Scorekeeping Error
- Something relating to the eligibility of a competitor or team official

## Who Can Appeal

- Coaches, Managers

## Timing

- Finals - immediately following provisional results
  - Qualies - within 5 mins of official results posting
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# Yellow Cards and Red Cards

- Yellows are warnings, Reds are disqualifications
- 3 Yellows in a season can be a disqualification through the remainder of the season
- If you don't follow the rules, you can be issued one of these



# Frequently Asked Questions

# Minimum Registration Requirements

Nr. Countries	Nr. Athletes
3	4 (Para Climbing World Cup)
4	6 (Para Climbing World Championship)

**Table 1 – Minimum Registration Requirement**



# Combined Class Events

- B2 + B3 can merge, but only when B2 wouldn't otherwise run
- MAL1 + WAL1 can merge if one would otherwise not run



# Registration Fees

- We've got those covered, don't even sweat it



# Competition Schedule

- Classifications
- Confirmation of Attendance
  - Staff only, no athletes
- Technical Meeting
  - Staff only, no athletes
- Qualifiers
- Finals
- Awards Ceremony



# Start Lists, Results, Rankings

- [ifsc.results.info](https://ifsc.results.info) will have all of these! Familiarize yourself!

