

USA Climbing Elite Series Speed Benchmark Times



Version 20240204

The table below has Benchmark Times for the USA Climbing Elite Series (see Section 3.4 “Elite: Speed Benchmarks” of the Team Selection Procedures document, found [here](#)).

3.4.1 USA Climbing Team Selection Speed Benchmark times are established at the conclusion of the calendar year, using the times achieved that year in the Speed Qualification rounds of IFSC World Cups and, if held that year, the IFSC World Championship.

As set forth in 3.4.2:

- The benchmark for an athlete to be on the National Team (the NT Benchmark) is calculated from the IFSC WC & WCH Qualification rounds in the prior year. The NT Benchmark is the median of each competition’s median time from the Qualification round, effectively a time that would likely place the athlete in the top 50% of an IFSC qualification round.*
- The benchmark for an athlete to get a Competition Start (the CS Benchmark) is 7% slower than the NT Benchmark.*
- The benchmark for an athlete to qualify for the National Team Trials (the NTT Benchmark) is 40% slower than the NT Benchmark.*

The 2024 Speed Benchmark times are determined using 2023 IFSC results and the times apply to 2024 Team Selection and 2024 Competition Starts. Note that upon final calculation from the 2023 IFSC results, the 2024 Benchmark times are slightly different than the estimates published in the Team Selection Procedures document version 20230831.

	Benchmark	2024	2023
Women	NT Benchmark	8.00s	(11.00s)
	CS Benchmark	8.56s	9.00s
	NTT Benchmark	11.20s	11.00s
	Benchmark	2024	2023
Men	NT Benchmark	5.68s	(8.00s)
	CS Benchmark	6.08s	6.20s
	NTT Benchmark	7.96s	8.00s

The 2024 Speed Benchmark calculations can be found [here](#).

Questions regarding the Speed Benchmark times may be directed to the USA Climbing Team Selection Committee at teamselection@usaclimbing.org.

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