

Host Facility Medical Kit Recommendations

MUST HAVES:

- Thermometer
- Blood pressure cuff and stethoscope
- Pulse oximeter
- Emergency Blanket
- CPR Mask Face Shield
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- Face masks
- Bandaids of different sizes
- CoBand 2"
- CoBand 3"
- Athletic Tape 2-3 rolls
- Leuko tape 1 roll
- K Tape 1 roll
- Hand sanitizer
- Adhesive Bandages
- EMT Scissors
- 1 Disposable Diagnostic Penlight
- Q tips
- Elastic Bandages 3"x 5 yards
- Clear Tape 1" x 10 yards
- Conforming Stretch Gauze 2" x 4.1 yards
- Conforming Stretch Gauze 4" x 4.1 yards
- Gauze squares (4"x4", 2"x2")
- Saline Solution
- Eye wash
- Instant Cold Packs
- Alcohol wipes
- Latex Free Examination Gloves
- SAM Flexible Splints: large size for lower extremity, medium size for wrist and elbow, small for fingers
- Disposable Towels

- Red Biohazard Waste Bag
- · Nail clippers and file
- Tweezers
- Glucose tablets
- Benadryl
- Neosporin

NICE to HAVE:

- Lace up ankle brace (small to medium size)
- Electrolyte tablets
- Vaseline
- Crutches (for average height)
- Superglue
- Tylenol
- Ibuprofen