



**Date:** June 24-25, 2023

**Time:** 9am – 12pm / 2pm-5pm

**Location:** USA Climbing Training Center (440 W 800 S Salt Lake City, UT 84101)

#### **About the Festival:**

The Youth Festival consists of a combination of fun skills-based training and presentations/workshops for athletes and parents from experienced coaches, top climbers, industry leaders, and other experts. Spectators are not allowed during sessions; Activities at the gym will be for youth participants and Festival Coaches only. Simultaneous education sessions for parents will be occurring during youth sessions. The event will run from 9am-5pm, with a lunch break each day. The gym will be closed during the lunch break and participants are responsible for their own lunch.

#### **Coaching Staff:**

##### Head Coaches:

Jacob Bach

Zoe Sayetta

##### Staff Coaches:

Elaine Booth

Tara Buckner

Hunter Compos

Ashlee Crew

Francesca Foglino

Amanda Foote

Tuesday Kirby Kahl

Jess Malloy

Sashia Pelaez

David Reis

Sarah Richardson

Alina Rodgers

Alexa Schehrer

Carly Snidow

Jackson Wetherill

Tyler Williams

#### **Parent Presentations:**

Parent Presentations will consist of a variety of topics and take place at an adjacent building. These sessions are optional, but parents/guardians will not be allowed inside the climbing sessions. Check back for additional presentation topics as they are confirmed!

- Nutrition 101 for Climbers
- Building Confidence in Your Climbers
- Understanding Routesetting
- Q&A with USA Climbing Leadership